



ROCK'N RHYTHM SATURDAYS

Creative Movement for Toddlers Through Age 5

April 8 & 22, 2015

Session for babies - 3: 9:30 am

Session for kids ages 3-5: 10: 30 am

- We'll have some yoga stretches to warm up; takeaway skills include ability to follow directions, learn right from left, flexibility and gross motor skills.
- We'll dance to age-appropriate videos, further developing coordination and moving to music.
- There will be small music shakers and songs, **AND** because we just can't help being librarians, a story or two will be read.

If the program proves popular, we'll incorporate it into our regular story-time weekly schedule. Dress the children in comfortable clothing.

Verona Public Library

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