

Honey Snow Peas and Carrots

1 lb. of carrots, sliced thin (4 Cups)

12 oz. snow peas, Trimmed (5 cups)

¼ cup of honey

1 teas. Cornstarch

¼ teas. of salt

6 tablespoons of butter

Microwave Instructions

Put carrots and ½ cup of water in a 2 quart microwave casserole dish. Cover with lid or vented plastic wrap. Microwave on high 6 to 8 minutes, stirring twice until crisp tender. Stir in snowpeas. Cover and microwave on high 1 to 2 minutes, just until snowpeas turn bright green. (they will still be crisp). Mix honey, cornstarch and salt in a small bowl until blended. Remove casserole dish from microwave and drain liquid. Add butter and still until melted. Stir in honey mixture. Cover and microwave on high 2 to 3 minutes